

CREAMY DIPPING SAUCE

*I created this recipe to go with Yummy Homemade Fish Sticks.
It could be used as a dip for raw veggies or to coat chicken pieces before
breading them.*



Makes 1 cup

- 1 cup plain Greek yogurt
- Juice of $\frac{1}{2}$ lemon
- 1 tablespoon Dijon mustard
- 2 teaspoons dried parsley
- Optional, salt to taste
- Optional, dash of hot sauce

Mix all ingredients thoroughly.